

# opening doors

New Futures Initiative:  
Creating Community Living Options  
for Individuals with Disabilities



Center  
For **Independent  
Futures**<sup>®</sup>

# New Futures Initiative: Creating Community Living Options for Individuals with Disabilities

The New Futures Initiative helps families to open doors to community based supported living options within their own neighborhoods. This proprietary method was created by CIF through their own experiences and in collaboration with leaders in the field of community development. The year-long process takes participants through a series of four workshops that are designed to teach CIF's proven process. These workshops will provide the necessary tools, materials and professional resources while instilling the confidence to move forward.

As part of this initiative, we provide onsite consultations that offer the needed support to ensure that the process is sustainable and successful. The New Futures Initiative provides a road map to help guide families on their path toward solutions for adults with disabilities. We encourage you to begin the journey.



## The Path to Community Living Options™

### Beginning the Journey

# 1

Overview of the New Futures Initiative process

A first-hand look at a successful Community Living Option™

Building your community and working together

Establishing an organizational structure

Developing a support network

### Taking Action

# 2

Acquiring housing

Determining an ownership model

Identifying potential residents

Determining support needs

Reviewing public and private resources

Defining housing criteria

### Moving Ahead

# 3

Assessing residents

Developing the support staff model

Hiring and training support staff

Preparing families and residents for transition

### Opening Your doors

# 4

Meeting the neighbors

Making the residence a home

Move-in day

Handling the day-to-day

Preparing for the road ahead

### Why New Futures?

*One of the most telling moments occurred when I called my daughter on her cell phone and asked where she was. She replied, 'Home'. When I arrived home a bit later, Jill wasn't there. I realized she was at her home.*

Carol Miller  
Community Living Option™ Parent

*If my son lived by himself he would be isolated and lonely. In his new home he will build a community, make friends and have others to turn to for answers.*

Julia Joehl  
Community Living Option™ Parent

*You've helped convince me anything is possible.*

Quinn Zenner  
Community Living Option™ Resident

Join us and open doors to New Futures...  
Contact the Center for Independent Futures  
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**Hope starts here.**

Center for Independent Futures (CIF) is a 501(c)(3) nonprofit organization adapting best practices from the U.S. and Canada to create new solutions for young adults with disabilities. CIF offers future planning products and services that assist individuals with disabilities and their families through life's transitions and into independent living.

CIF believes in the dissemination of innovation and the immeasurable impact of families working together. Our two Community Living Option™ residences, created in conjunction with families, are currently up and running, with a third development targeted to open in Fall 2005.

Join us and make your hopes and dreams reality.